Thinking About Thinking: Self-Reflection Tool

When I first read the problem, I thought...
I started this problem/task by...
My initial strategy got me to this point in the problem...
I made a plan when...
When I got stuck, I...
I knew I was stuck because...
The approach I took with this problem (would or would not) work on other problems because...
If I were given a similar task, I would do the following differently...
What did I learn from this problem that I could use in solving other problems?
What have I learned about myself as a problem solver/learner?